

Table B2: Total Population by District, Rural-Urban Distribution and Sex

Region	Rural			Urban			Total			
	District	Male	Female	Total	Male	Female	Total	Male	Female	Total
Central										
Kalangala	19,259	12,564	31,823	1,590	1,353	2,943	20,849	13,917	34,766	
Kampala	-	-	-	569,075	620,067	1,189,142	569,075	620,067	1,189,142	
Kayunga	133,756	141,060	274,816	9,343	10,454	19,797	143,099	151,514	294,613	
Kiboga	111,238	106,278	217,516	5,842	6,114	11,956	117,080	112,392	229,472	
Luwero	208,984	210,569	419,553	27,764	31,278	59,042	236,748	241,847	478,595	
Masaka	336,824	351,923	688,747	38,963	42,952	81,915	375,787	394,875	770,662	
Mpigi	198,645	198,873	397,518	4,866	5,406	10,272	203,511	204,279	407,790	
Mubende	320,743	318,675	639,418	23,893	26,219	50,112	344,636	344,894	689,530	
Nakono	330,001	328,576	658,577	66,249	70,567	136,816	396,250	399,143	795,393	
Nakasongola	60,568	59,997	120,565	3,231	3,268	6,499	63,799	63,265	127,064	
Rakai	220,198	229,095	449,293	9,845	11,227	21,072	230,043	240,322	470,365	
Sembabule	87,248	88,788	176,036	1,978	2,031	4,009	89,226	90,819	180,045	
Wakiso	406,352	431,947	838,299	34,182	35,507	69,689	440,534	467,454	907,988	
Regional Total	2,433,816	2,478,345	4,912,161	796,821	866,443	1,663,264	3,230,637	3,344,788	6,575,425	
Eastern										
Bugiri	191,738	203,611	395,349	7,912	9,134	17,046	199,650	212,745	412,395	
Busia	90,731	97,647	188,378	17,068	19,562	36,630	107,799	117,209	225,008	
Iganga	320,744	348,474	669,218	18,387	21,085	39,472	339,131	369,559	708,690	
Jinja	147,262	154,637	301,899	43,067	42,607	85,674	190,329	197,244	387,573	
Kaberaido	63,130	66,171	129,301	1,177	1,172	2,349	64,307	67,343	131,650	
Kamuli	337,956	358,032	695,988	5,236	6,108	11,344	343,192	364,140	707,332	
Kapchorwa	89,760	91,884	181,644	4,231	4,516	8,747	93,991	96,400	190,391	
Katakwi	141,609	151,429	293,038	2,769	3,143	5,912	144,378	154,572	298,950	
Kumi	182,683	198,175	380,858	4,188	4,619	8,807	186,871	202,794	389,665	
Mayuge	153,441	162,518	315,959	4,123	4,592	8,715	157,564	167,110	324,674	
Mbale	317,991	329,119	647,110	34,563	36,567	71,130	352,554	365,686	718,240	
Pallisa	240,043	256,894	496,937	11,303	12,338	23,641	251,346	269,232	520,578	
Sironko	134,854	137,045	271,899	5,365	5,828	11,193	140,219	142,873	283,092	
Soroti	159,423	168,655	328,078	20,724	20,987	41,711	180,147	189,642	369,789	
Tororo	244,309	257,769	502,078	17,064	17,746	34,810	261,373	275,515	536,888	
Regional Total	2,815,674	2,982,060	5,797,734	197,177	210,004	407,181	3,012,851	3,192,064	6,204,915	
Northern										
Adjumani	90,538	91,876	182,414	9,543	10,333	19,876	100,081	102,209	202,290	
Apac	329,874	343,982	673,856	4,897	5,240	10,137	334,771	349,222	683,993	
Arua	365,388	394,884	760,272	36,208	37,448	73,656	401,596	432,332	833,928	
Gulu	174,885	180,945	355,830	59,023	60,407	119,430	233,908	241,352	475,260	
Kitgum	119,723	120,831	240,554	19,834	21,987	41,821	139,557	142,818	282,375	
Kotido	268,422	279,045	547,467	22,467	21,955	44,422	290,889	301,000	591,889	
Lira	322,855	337,506	660,361	40,391	40,488	80,879	363,246	377,994	741,240	
Moroto	88,126	94,434	182,560	3,580	3,800	7,380	91,706	98,234	189,940	
Moyo	93,346	89,358	182,704	5,919	6,155	12,074	99,265	95,513	194,778	
Nakapiripirit	76,103	76,751	152,854	844	796	1,640	76,947	77,547	154,494	
Nebbi	177,885	193,030	370,915	30,171	34,274	64,445	208,056	227,304	435,360	
Pader	156,703	160,957	317,660	4,416	4,262	8,678	161,119	165,219	326,338	
Yumbe	118,788	117,595	236,383	7,438	7,963	15,401	126,226	125,558	251,784	
Regional Total	2,382,636	2,481,194	4,863,830	244,731	255,108	499,839	2,627,367	2,736,302	5,363,669	
Western										
Bundibugyo	94,840	101,356	196,196	6,486	7,296	13,782	101,326	108,652	209,978	
Bushenyi	332,597	361,018	693,615	18,669	19,108	37,777	351,266	380,126	731,392	
Hoima	157,372	154,575	311,947	14,674	16,997	31,671	172,046	171,572	343,618	
Kabale	193,968	223,006	416,974	20,584	20,760	41,344	214,552	243,766	458,318	
Kabarole	157,912	158,009	315,921	20,442	20,551	40,993	178,354	178,560	356,914	
Kamwenge	120,227	130,182	250,409	6,592	6,729	13,321	126,819	136,911	263,730	
Kanungu	92,376	99,473	191,849	6,251	6,632	12,883	98,627	106,105	204,732	
Kasese	223,149	240,156	463,305	29,643	30,085	59,728	252,792	270,241	523,033	
Kibaale	197,861	203,259	401,120	2,270	2,492	4,762	200,131	205,751	405,882	
Kisoro	93,969	115,015	208,984	5,474	5,854	11,328	99,443	120,869	220,312	
Kyenjojo	179,031	183,102	362,133	7,540	7,498	15,038	186,571	190,600	377,171	
Masindi	215,348	215,842	431,190	14,224	14,076	28,300	229,572	229,918	459,490	
Mbarara	489,466	506,799	996,265	45,096	46,995	92,091	534,562	553,794	1,088,356	
Ntungamo	175,042	191,625	366,667	6,793	6,527	13,320	181,835	198,152	379,987	
Rukungiri	124,835	137,562	262,397	6,217	6,548	12,765	131,052	144,110	275,162	
Regional Total	2,847,993	3,020,979	5,868,972	210,955	218,148	429,103	3,058,948	3,239,127	6,298,075	
Uganda	10,480,119	10,962,578	21,442,697	1,449,684	1,549,703	2,999,387	11,929,803	12,512,281	24,442,084	