



UGANDA BUREAU OF STATISTICS



# INTERNATIONAL **YOUTH** DAY CELEBRATIONS

FRIDAY, 19<sup>TH</sup> SEPTEMBER 2025, MASINDI DISTRICT

**THEME:**

**YOUTH ADVANCING SOCIAL ECONOMIC  
TRANSFORMATION THROUGH  
TECHNOLOGY AND PARTNERSHIP**





**H.E Gen. Yoweri Tibuhaburwa  
Kaguta Museveni,  
PRESIDENT OF THE REPUBLIC  
OF UGANDA**



## CONGRATULATORY MESSAGE

The Board of Directors, Management and Staff of the Uganda Bureau Statistics congratulate His Excellency the President of the Republic of Uganda H.E Gen. Yoweri Kaguta Tibuhaburwa Museveni and the entire people of Uganda on this occasion of celebrating the International Youth Day.

We commit ourselves to continuously deliver on our mandate of producing and disseminating quality official statistics for informed policy and decision making and tracking our progress in achieving the Vision 2040.



**Albert Byamugisha (PhD)**  
UBOS, Board Chairman



**Chris N. Mukiza (PhD)**  
Executive Director

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## Welcome to this special brochure, crafted to celebrate International Youth Day 2025!

This year, UBOS shades light on the incredible potential and unique challenges faced by Uganda's dynamic young population.

Uganda has one of the youngest populations in the world, a demographic dividend poised to drive significant national development. To empower the youth, it is crucial to understand their current realities and the areas where targeted interventions can make the greatest impact. This brochure offers a snapshot of Uganda's youth landscape. Two age groups are provided: - Youth (18-30 years) and Youth (15-24 years).

NOTE: United Nations primarily defines "youth" as individuals between 15 to 24 years WHILE in Uganda a youth is 18 to 30 years as stipulated by the National Youth Council Act, 2015.

Inside, you will



## UGANDA'S POPULATION AT A GLANCE

- Uganda's Total Population in May 2024 was 45,905,417 persons of which (49%) 22,314,289 are males and 51% (23,591,128) are females.
  - ❖ Average Annual Population growth rate declined from 3.0 percent in 2014 to 2.9 percent in 2024.
  - ❖ Sex ratio was 94.6 meaning there are more females than males.
  - ❖ The average household size (i.e. ratio of the total population to the total number of households in the area) stood at 4.2 persons, a decrease from 4.7 persons in 2014.
- Young country
  - ❖ Half of the population (22,750,701) are children under the age of 18.
  - ❖ Youths (18-30 years) comprise of 10,769,151 of the population
  - ❖ Adolescents (10-19 years) 11,404,639



- ❖ 5% of the total population is aged 60 years and above. The proportion was higher among the females (5%) than their male counterparts (4%)

- Wellbeing and Health
  - ❖ One third (33.1%) of the households were in subsistence economy.
  - ❖ Twelve percent of persons aged 10 and above had experienced at least some form of probable general psychological distress.

Source: **National Population and Housing Census: - Final Report - Volume 1 (Main)**



## YOUTH DEMOGRAPHICS



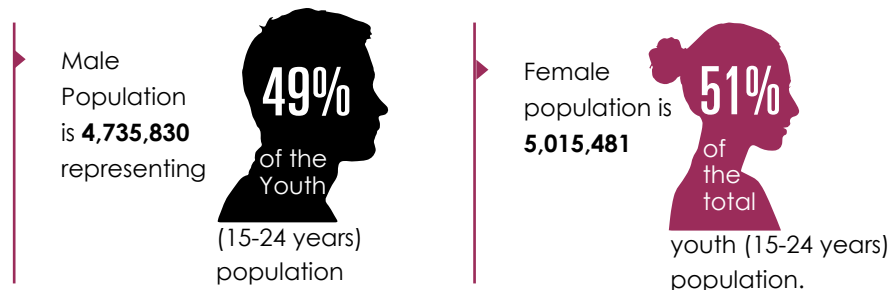
Uganda's demographic profile is profoundly shaped by its youth population, presenting both opportunities and unique considerations for national development.

The well-being of youth is critical if the country is to harness the demographic dividend and remain key players in social economic transformation. The enormous contribution of the youth towards social economic transformation can be realized when their rights are protected and investments made in their education, employment, health, empowerment and civil participation.

### Proportion of Youth population to the total population

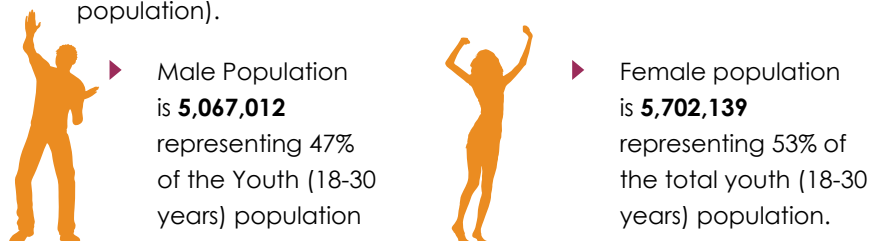
#### Youth 15-24 Years

- The total youth (15-24 years) population was 9,751,311 comprising 21.2% of the total population.



#### Youth 18-30 Years

- The Youth (18-30 years) population was 10,769,151 (23.5% of the total population).



**Source:** *National Population and Housing Census 2024 - - Final Report - Volume 1 (Main)*



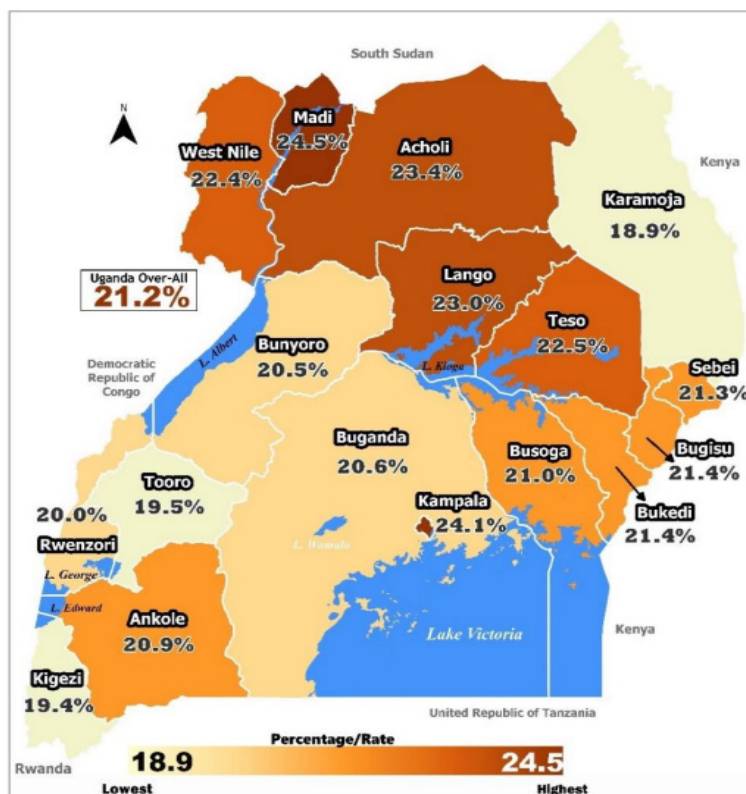
# GEOGRAPHIC DISTRIBUTION

## Youth 15-24 Years

- **Madi sub region** had the highest percentage (**24.5%**) of the Youth population 15-24 years, while **Karamoja sub region** had the least at **18.9 percent**.



Figure 1: Percentage of Youth 15-24 Years to the Total Population

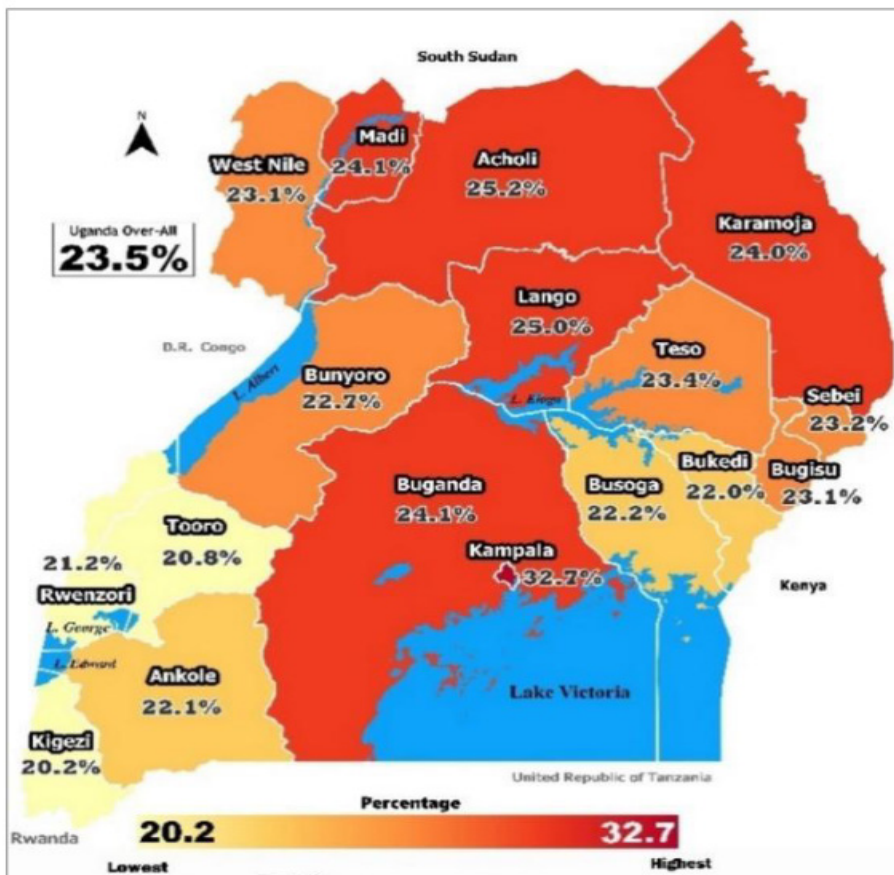




## Youth (18-30 Years)

- ❖ **Kampala Capital City** had the highest population (**32.7%**) of the Youth population 18-30 years, while **Kigezi** had the least (**20.2%**).

Figure 2: Percentage of Youth 18-30 Years to the Total Population



Source: **National Population and Housing Census 2024 - Final Report - Volume 1 (Main)**



### Map the youth and localize the statistics

This is good for decentralized planning, guiding investment in localized infrastructure, vocational training centres, and youth hubs. Use it to identify priority areas for their programs, ensuring equitable access to opportunities



# YOUTH HEADED HOUSEHOLDS

## Youth (15-24 Years) Headed Households

Of the **total households** in Uganda (**10,698,913**)

- **1,318,766** (12.3%) households were headed by the **Youth (15-24 years)**
  - ❖ Of the 1,318,766 **Youth (15-24 years)** headed households



**886,420**  
households  
were male  
headed.



**432,346**  
households  
were female  
headed.



- ❖ Of the 1,318,766 Youth (15-24 years) headed households



**593,041**  
households  
were found  
in Urban  
areas.



**725,725**  
households  
were found  
in Rural  
areas.



- On average, households headed by the youth aged 15-24 years had **two members**.



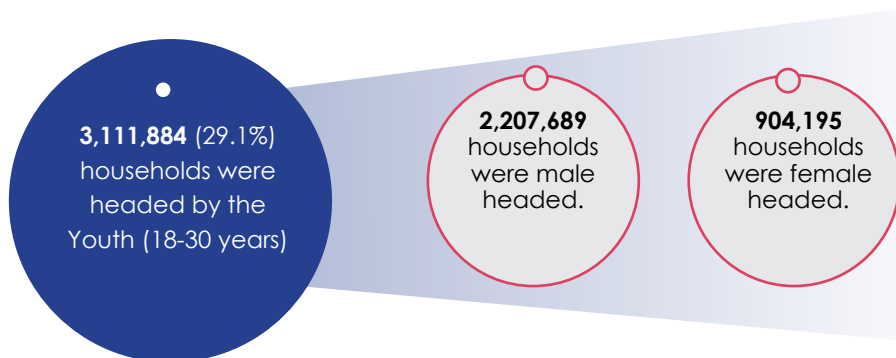
Use the statistics to tailor interventions for the youth headed households. Use it to advocate for specific microfinance products for the youth entrepreneurs, mentorship and skilling programs.



## Youth (18-30 Years) Headed Households

Of the **total households** in Uganda (**10,698,913**)

- **3,111,884** (29.1%) households were headed by the **Youth (18-30 years)**
  - ❖ Of the **3,111,884 Youth (18-30 years)** headed households



- On average, households headed by the youth aged 18-30 years had three members.

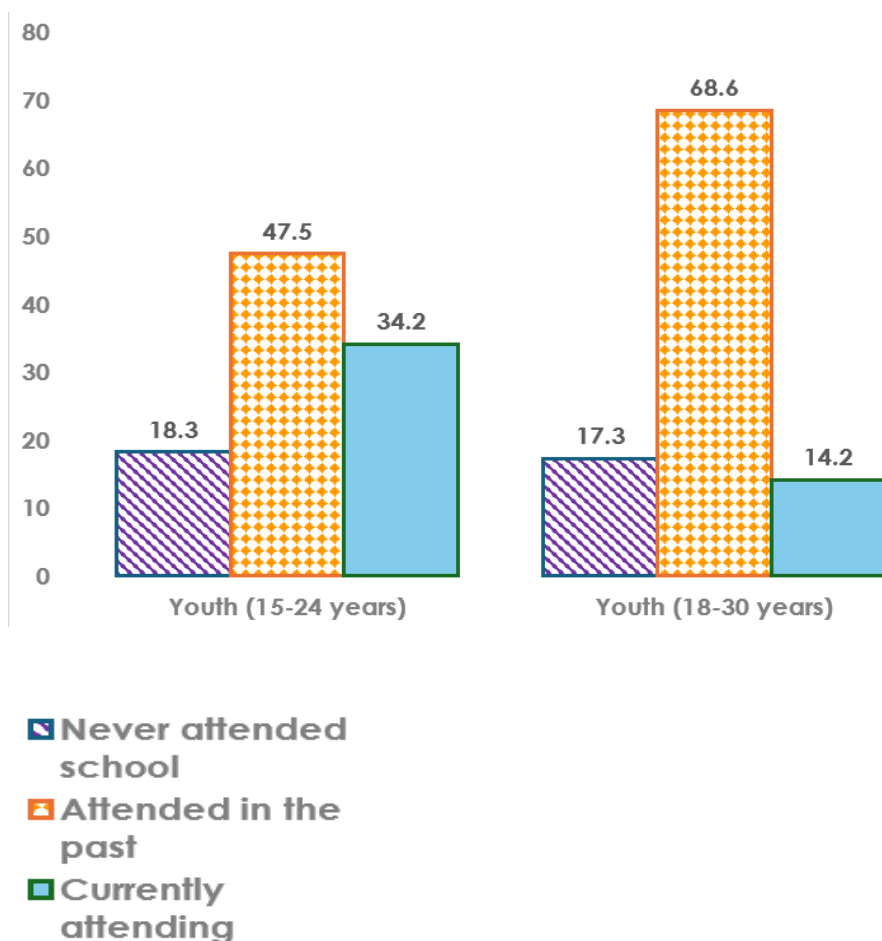


Use the statistics to tailor interventions for the youth headed households. Use it to advocate for specific microfinance products for the youth entrepreneurs, mentorship and skilling programs

## YOUTH EDUCATION STATUS

Education imparts essential skills required for an individual's personal and social growth. Through education youth become economically independent which is pertinent for socio-economic growth. Furthermore, youth are able to adapt to newer techniques of production, increase their employability potential, among others.

**Figure 3: Proportion of Youth in School**



## Education attained by the youth

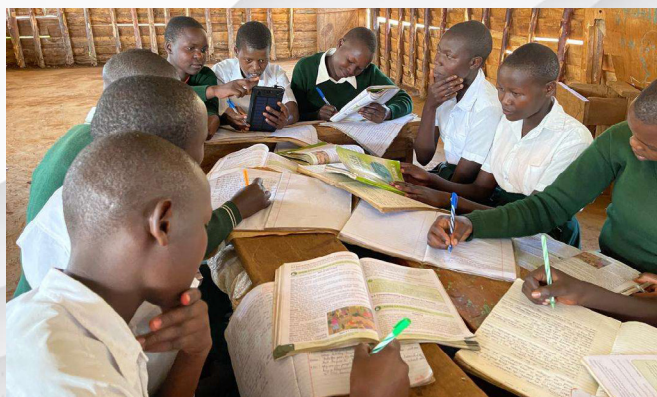
### Youth (15-24 years)

- ▶ 18.6 % No formal education
- ▶ 13.3% had completed primary education
- ▶ 12.9% had completed secondary education
- ▶ 2.2% had completed post secondary and above



### Youth (18-30 years)

- ❖ 17.6 % No formal education
- ❖ 13.5% had completed primary education
- ❖ 19.5% had completed secondary education
- ❖ 6.5% had completed post secondary and above



## Proportion of youth able to read and write in any language (Literacy)

### Youth (15-24 years)

- ▶ **82.8 %** were literate.
- ▶ Literacy rate was slightly higher for females (**83.7%**) compared to the males (**81.8%**)

### Youth (18-30 years)

- ▶ **81.6 %** were literate.
- ▶ Literacy rate was slightly higher for males (**81.8%**) compared to the females (**81.5%**)

**Source:** *National Population and Housing Census 2024 - - Final Report - Volume 1 (Main)*



### Bridging the learning divide

Use the data to drive targeted investment in vocational training and quality education, particularly in Science, Technology, Engineering, and Mathematics (STEM).



## LABOUR STATISTICS

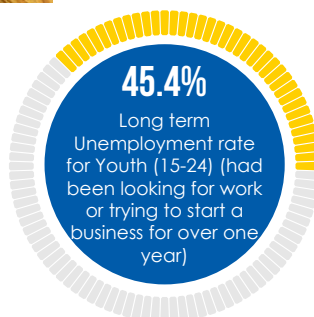
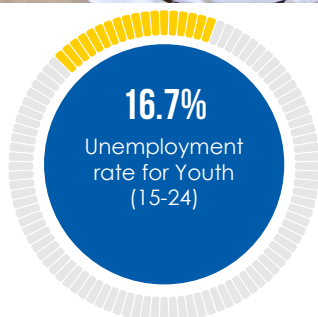
### YOUTH (15-24 years)

**2,579,800**  
youth (15-24  
years) were  
employed.

**518,980**  
youth (15-24  
years) were  
unemployed.



- The number was higher among female youth (15-24 years) at 293,921 than male youth (15-24 years) at 225,059
- The number was higher among youth (15-24 years) in the rural at 274,409 than to youth in the urban areas at 244,571



Potential Labour Force (PLF) refers to persons not in employment who expressed an interest in working for pay/profit but for whom existing conditions limit either their active job search or their availability to work.

- ❖ 702,918 Youth (15-24 years) in the potential Labour force.
  - There were more female Youth (15-24 years) - 414,078 than male at 288,840 in the potential labour force
  - There were more youth (15-24 years) in the Rural - 438,671 than in the urban - 264,247 in the potential labour force
- ❖ 33.0 percent labour force participation rate for Youth (15-24 years)



### Igniting the engine of growth

This statistic is crucial for developing targeted re-skilling and up-skilling programs. Use it to guide policy on private sector development, fostering entrepreneurship, developing vocational training programs and Informing labour market reforms that protect youth workers, promote fair wages, and ensure social protection.



## YOUTH (18-30 years)

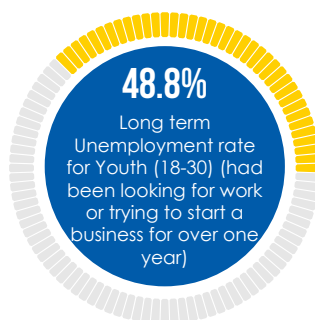
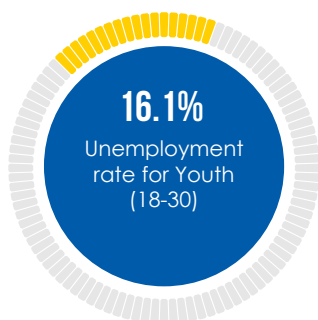


3,851,290  
youth (18-30  
years) were  
employed.

737,081  
youth (18-30  
years) were  
unemployed.

431,326  
female  
youth (18-30  
years) were  
unemployed  
compared to  
305,755 male  
youth (18-30  
years)

377,270  
youth (18-30  
years) in the  
rural were  
unemployed  
compared to  
359,811 youth  
in the urban  
areas



Potential Labour Force (PLF) refers to persons not in employment who expressed an interest in working for pay/profit but for whom existing conditions limit either their active job search or their availability to work.

- ❖ 888,238 Youth (18-30 years) in the potential Labour force.
  - There were more female Youth (18-30 years) at 551,403 than male at 336,835 in the potential labour force
  - There were more youth (18-30 years) in the Rural 547,585 than in the urban – 340,653 in the potential labour force
- ❖ 44.4 percent labour force participation rate for Youth (18-30 years)

**Source:** *National Population and Housing Census 2024 - - Final Report - Volume 1 (Main)*



## BENEFICIARIES OF SELECTED GOVERNMENT PROGRAMMES

### YOUTH (18-30 YEARS)

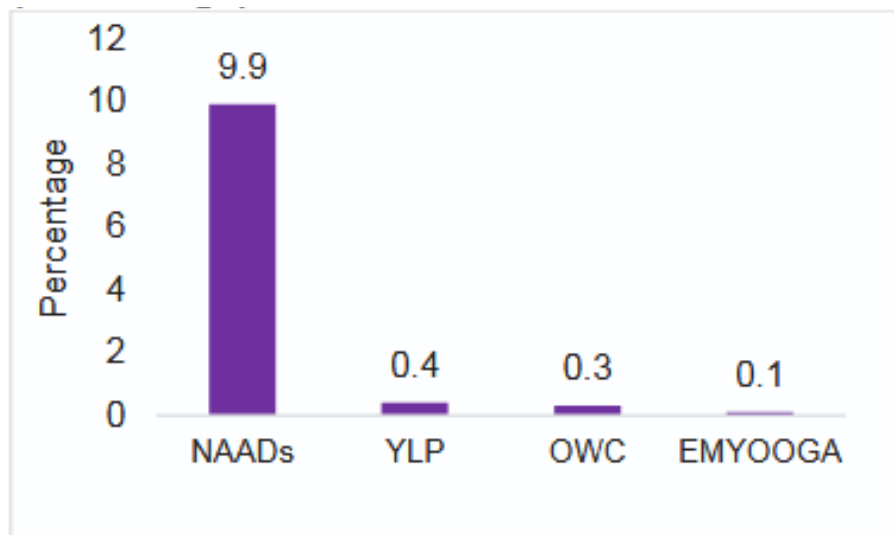
To address youth unemployment and foster economic participation, the Ugandan government established various interventions. These programs were designed to empower the youth and facilitate their engagement in productive activities. Key among these is the Youth Livelihood Programme (YLP), Emyooga, and the National Agricultural Advisory Services (NAADS), alongside Operation Wealth Creation (OWC).

- ❖ 1,020,113 (9.9%) youth (18- 30 years) benefitted from NAADS programme. (a relatively broader reach for agricultural advisory services among the youth).
  - 620,641 female youth (18-30 years) benefitted from NAADS compared to 399,472 male youth (18-30 years).
  - 663,782 youth (18-30 years) in the rural areas benefitted from NAADS compared to 356,331 in the urban areas
  - 897,272 literate youth (18-30 years) benefitted from the NAADS compared to the illiterate 122,841.
- ❖ less than one percent benefitted from Emyooga (0.1%), Operation Wealth Creation (0.3%) while 0.4% benefitted from the Youth Livelihood Programme.



**Source:** *National Population and Housing Census 2024 - - Final Report - Volume 1 (Main)*

**Figure 4: Percentage of Youth (18-30 years) who benefitted from selected Government programmes**



**\*\* YLP (Youth Livelihood Programme)**

**\*\* OWC (Operation Wealth Creation)**

**\*\* NAADS (National Agricultural Advisory Services)**



The illiterate youth being the less beneficiaries, the statistics can be used to empower them to benefit from government interventions or programs. Mindset interventions to be enhanced for the urban youth, and male youth.

## Activity Status of Youth

Activity status on the youth was classified into four categories i.e.

- Youth in Education.
- Youth in Employment and no longer attending School.
- Youth in Employment and attending School; and
- Youth Not in Employment, Education or Training (NEET).

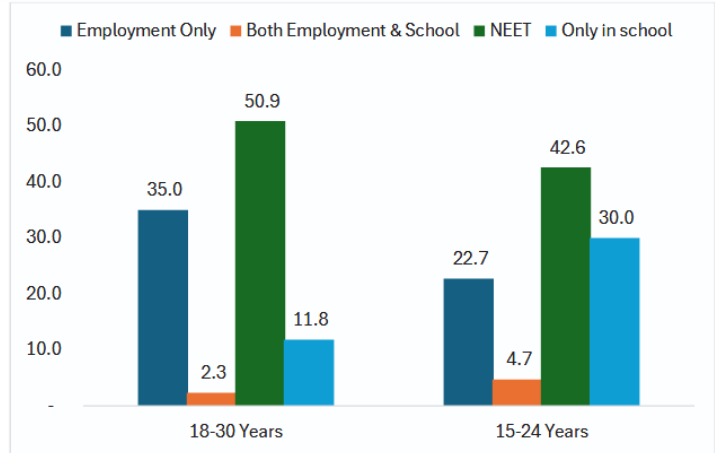


**Youth Not in Employment, Education, or Training (NEET)** refers to those youth who are not engaged in any form of employment, formal education, or vocational training. NEET is often used as an indicator to measure the socio-economic challenges faced by youth, as it highlights those who may be disconnected from opportunities, for personal and professional development (ILO). In other word, these are the youth, who are idle and disconnected from the economic opportunities



- ❖ Five in every ten (50.9%) of the youth aged 18-30 were Not in Employment, Education, or Training (NEET); 35.0 percent were in employment only while 2.3 percent were in employment and schooling and 11.8 percent were in school only.
- ❖ 54.8% of the youth NEET resided in the rural areas while 45.2% resided in urban areas.
- ❖ Bukedi sub region had the highest (62.4%) youth (18-30 years) NEET while Kampala Capital City had the lowest at 34.1 percent.

**Figure 5: Percentage Distribution of Youth by activity status**

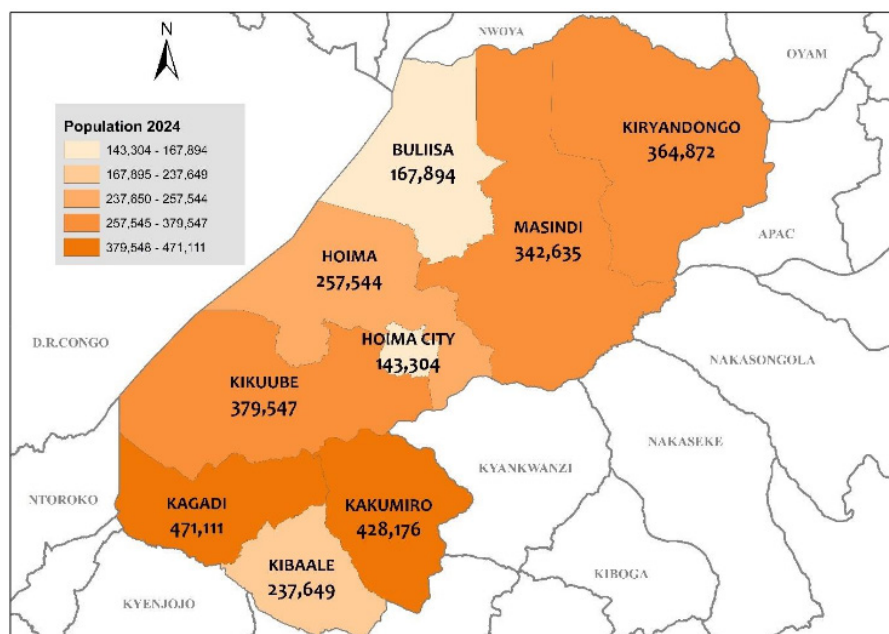


**Source:** *National Population and Housing Census 2024 - - Final Report - Volume 1 (Main)*

## BUNYORO SUB REGION AT A GLANCE

- ▶ Bunyoro sub region is found in Western Uganda. The sub region is constituted of the districts of: Buliisa, Hoima, Hoima City, Kagadi, Kakumiro, Kibaale, Kikuube, Kiryandongo and Masindi.
- ▶ The subregional total population increased from 2,028,545 people in 2014 to 2,792,732 people in May 2024.
- ▶ The most populous district in Bunyoro sub region is Kagadi with a population of 471,111 persons as of May 2024.
- ▶ Hoima City is the least populated with 143,304 persons.

**Figure 6: Bunyoro Sub Region Population Distribution by District, 2024**



- ▶ The average household size (i.e. ratio of the total population to the total number of households in the area) stood at 4.2 persons
- ▶ Population density was 142 persons per square kilometre in 2024.
- ▶ 1,456,736 were children aged 0-17 years.





- ▶ The Youth aged 18-30 years were 634,160 while those aged 15-24 years were 572,734.
- ▶ The unemployment rate for persons aged 14-64 was 9.9 percent.
- ▶ 301,207 (48.2%) were Youth not in Employment, Education or Training (18-30 years).
- ▶ The total fertility rate for the sub region was 5 children per woman.
- ▶ 9.0 percent of adolescents (10-19 years) had begun childbearing.
- ▶ 504,164 (76.0%) of households had access to an improved water source
- ▶ 38.5% of households had access to improved sanitation
- ▶ 5.7% of households had no toilet facility.
- ▶ 11% of households use electricity for lighting.
- ▶ 4.2% of households use Kerosene/paraffin lamp/tadooba for lighting.
- ▶ 72.7% of households use wood for cooking while 1.6% use electricity for cooking.
- ▶ 31.4 % of the households engage in subsistence economy.
- ▶ 23.9% of the households are food insecure.
- ▶ The literacy rate for Youth aged 18-30 years stands at 75.7% while that of those aged 15-24 years stands at 76.9%.



**Source:** *National Population and Housing Census 2024- Final Report - Volume 1 (Main)*



## MASINDI DISTRICT AT A GLANCE

Masindi is one of the districts in Bunyoro sub region. The Masindi township is the most popular urban area and the centre of the district headquarters and lies about 220 kilometres west of Kampala, the country's Capital City.

Masindi District is bordered by Nwoya district to the north, Kiryandongo district to the east, Nakasongola and Nakaseke districts to the southeast, Kyankwanzi district to the south, Hoima district to the southwest and Bulisa district to the northwest

*According to the National Population and Housing Census (NPHC) 2024:*

- The district is home to 342,635 people, with 166,626 males and 176,009 females.
- 169,572 persons are Children (0-17 years), while 15,554 are older persons (60 years and above).
- The district has 86,289 households, with an average household size of 3.9 persons.
- 77,692 (90.0%) of households in the district had access to an improved source of water, but access to improved sanitation was much lower at 41,022 (47.5%), with 4,219 of households having no toilet facility at all.
- 42,974 (49.8%) of the households in Masindi used solar for lighting. Kitamba Parish (in Bwijanga Subcounty - Bujenje County) had the highest number of households using solar with 2,774 households and Kinyara Sugar L.T.D. ward had the lowest with only 13 households using solar for lighting.





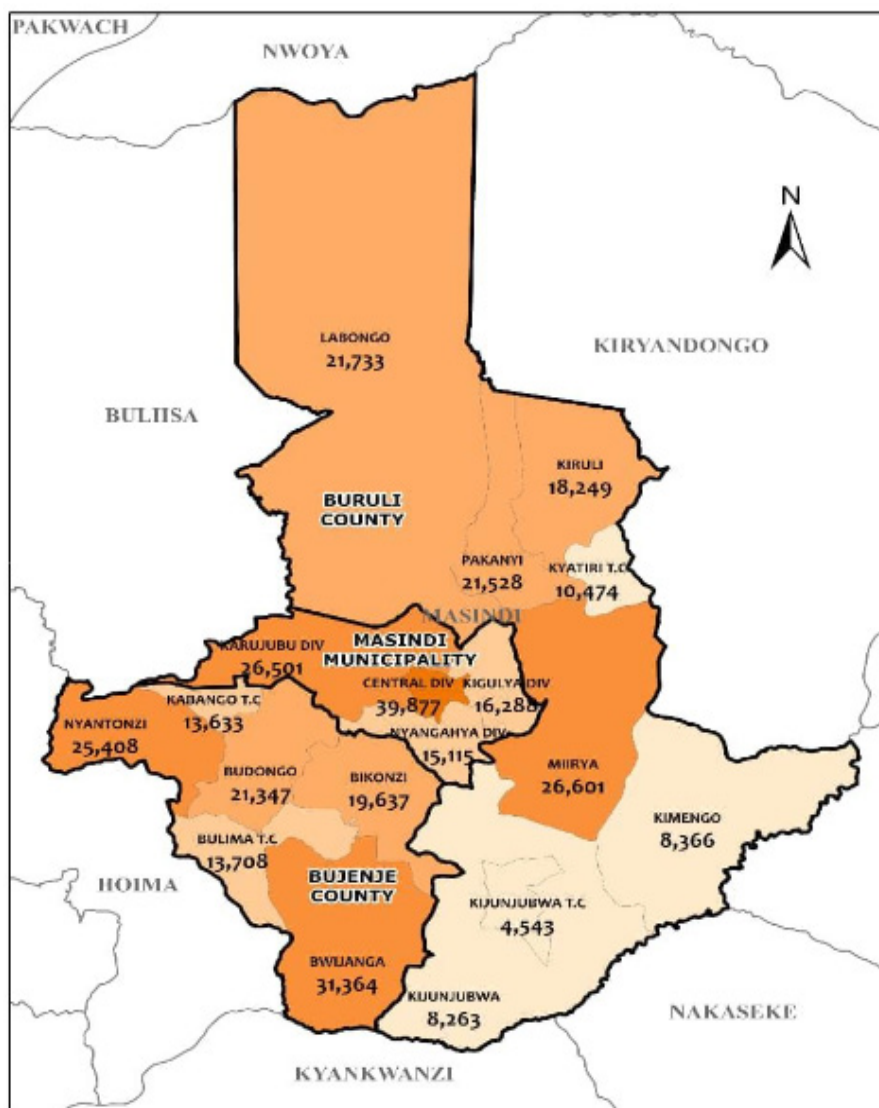
- 14,441 of the households in Masindi used grid electricity. Western Ward, in Central Division - Masindi Municipality had the highest number of households that were using grid electricity with 3,408 households while Kijunjubwa Parish reported no household using grid electricity.
- With regard to source of information, 38,097 of households used radio, followed by word of mouth (18,325) and phone calls (15,870).
- 110,033 Persons aged 10 and above owned a mobile phone. Females accounted for the larger share of ownership, with 55,152 women and girls possessing a mobile phone, in contrast, 54,881 males in the same age group own a mobile phone.
- 15,357 persons aged 10 and above used internet. Males outpaced females in internet usage. Specifically, 8,724 males were online, compared to 6,633 females.
- 23,137 of households were in the subsistence economy. Buruli County had the



highest number of households in subsistence economy at 9,402 households.

- 59.3% of households were engaged in the agriculture sector
- 2,197 persons had Health Insurance cover.
- 42.6% of Households were food insecure (moderate/severe).

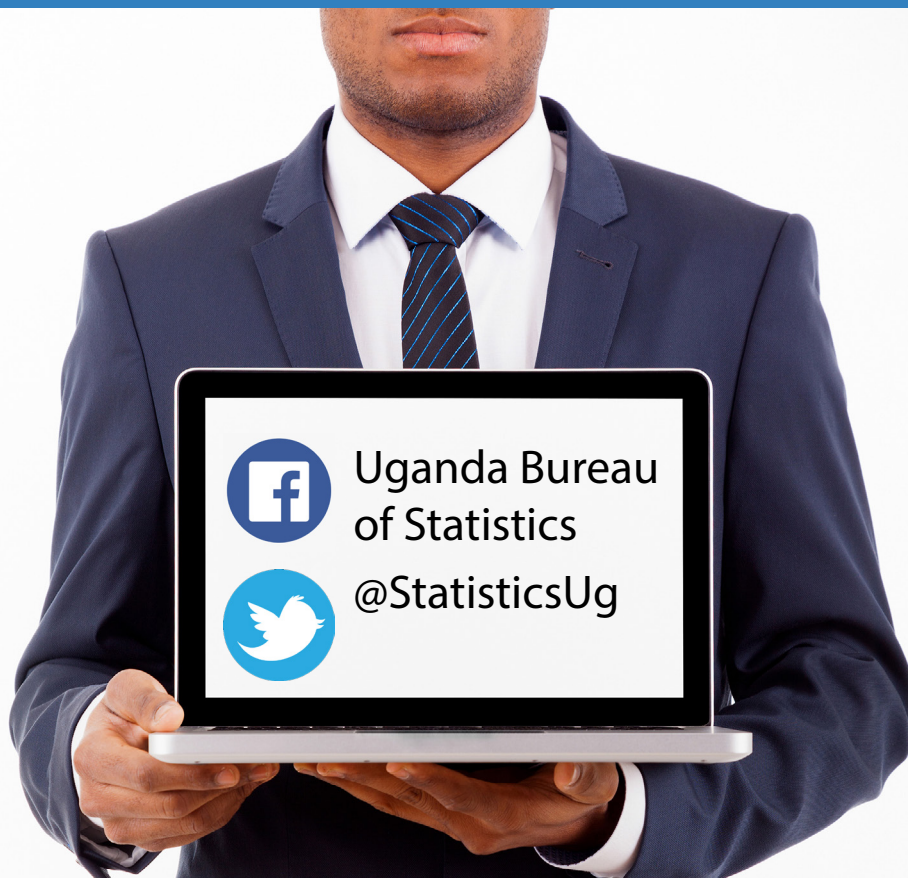
**Figure 7: Map of Masindi District Showing Population By Sub County**



**Source:** *National Population and Housing Census 2024- Bunyoro Sub Region: County and Sub County Profiles Vol. 2*



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