UGANDA BUREAU OF STATISTICS

P.O. Box 7186, Kampala; Tel: 0414 – 706000; Fax: 0414 – 237553; Email: ubos@ubos.org; Website: www.ubos.org

PRESS RELEASE

CONSUMER PRICE INDICES AND INFLATION SEPTEMBER 2026

1.1 Annual Headline Inflation

The Annual Inflation for Uganda as measured by the Consumer Price Index for the 12 months to September 2026 was 4.6 percent compared to 4.1 percent registered in the year ended August 2026. The main drivers were Annual Food Crops and Related Items Inflation and Annual Core Inflation, see Table 1 below.

Table 1: Annual Headline, Core, Food Crops and EFU Inflation for August 2026 and September 2026.

Description	Weights	August 2026	September 2026
Headline	**1000**	**4.1**	**4.6**
Core	**839.6200**	**3.5**	**3.7**
Other Goods	455.5070	2.7	3.1
Services	384.1130	4.5	4.6
Food Crops and Related Items	**95.1046**	**2.1**	**4.5**
Energy Fuel and Utilities (EFU)	**65.2755**	**14.3**	**14.5**

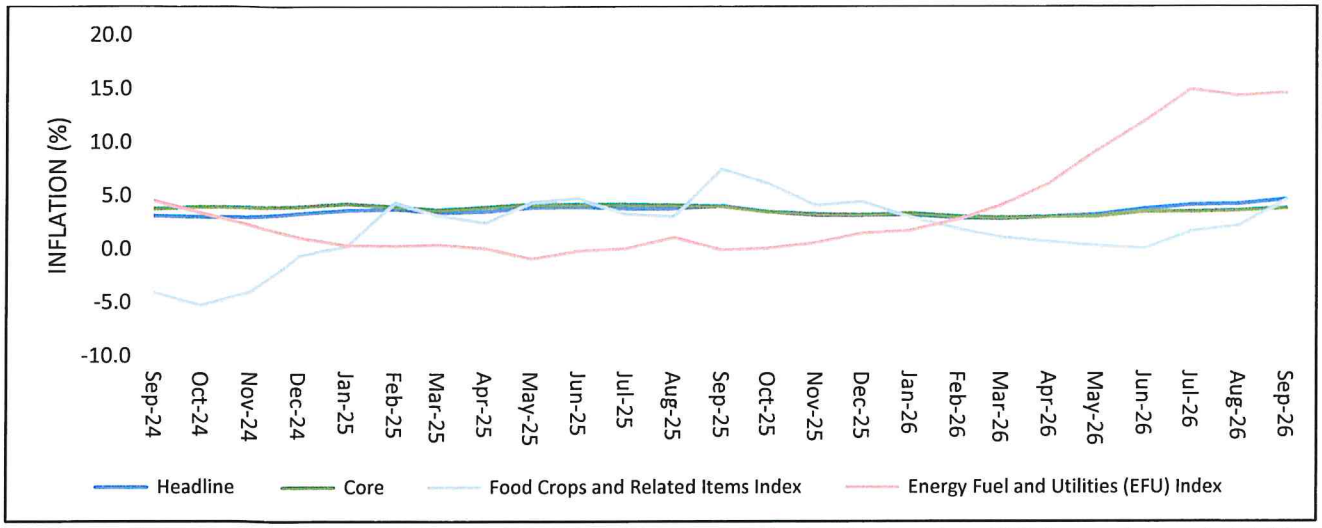
In particular, Annual Food Crops and Related Items Inflation was recorded at 4.5 percent in the year ending September 2026 compared to 2.1 percent registered in the year ended August 2026. This was driven by increase in prices of Dry beans, Milk, Fresh cassava, Sweet potatoes and Green cabbage, see Figure 2b.

The other driver of Annual Headline Inflation was the Annual Core Inflation which was registered at 3.7 percent in the year ending September 2026, compared to 3.5 percent recorded in the year ended August 2026. Annual Inflation for Core Goods stood at 3.1 percent in the year ending September 2026 compared to 2.7 percent recorded in the year ended August 2026. This was largely driven by increase in prices of Laundry soap, Rice, Fresh meat, Mukene and Maize flour, see Figure 2a. In addition, Annual Services Inflation was recorded at 4.6 percent in September 2026 compared to 4.5 percent registered in August 2026. This is attributed to Annual Cultural services, whose inflation is 3.4 percent in the year ending September 2026 compared to 1.4 percent recorded in the year ended August 2026, Restaurant, cafes and the like Inflation that was recorded at 2.1 percent in the year ending September 2026 compared to 2.0 percent recorded in the year ended August 2026 and Dental services, whose price change is 1.8 percent in the year ending September 2026 compared to minus 0.2 percent recorded in the year ended August 2026.

Annual Energy Fuels and Utilities inflation registered 14.5 percent in the year ending September 2026 compared to 14.3 percent registered in the year ended August 2026. In particular, Annual Petrol prices registered 30.9 percent in the year ending September 2026 compared to 28.5 percent recorded in the year ended August 2026. In addition, Diesel prices registered 42.5 percent in the year ending September 2026 compared to 40.1 percent recorded in the year ended August 2026 and Firewood prices registered 14.1 percent in the year ending September 2026 compared to 13.0 percent recorded in the year ended August 2026.

The components of the Annual Headline Inflation from September 2024 to September 2026 are shown in Figure 1 below.

Figure 1: Annual Headline, Core, Food Crops and EFU Inflation: September 2024 - September 2026



The overall Annual Consumer Price Indices for the 12 months to September 2026 are shown in Table 2 below.

Table 2: Overall Annual CPI and Inflation (Base: 2016/17=100)

Month	Overall CPI	Annual Inflation
September 2026	143.89	4.6
August 2026	142.64	4.1
July 2026	142.25	4.0
June 2026	141.97	3.7
May 2026	141.09	3.2
April 2026	140.13	3.0
March 2026	139.23	2.8
February 2026	139.06	2.9
January 2026	138.58	3.2
December 2025	138.11	3.1
November 2025	137.46	3.1
October 2025	137.59	3.4
September 2025	137.61	4.0
August 2025	136.97	3.8

Chris N. Mukiza (PhD)
EXECUTIVE DIRECTOR/CHIEF STATISTICIAN

Key Annual Inflation Drivers

Figure 2a: Changes in prices for selected items under Core Goods

August 2026
- Laundry soap 2.7%
- Rice 4.7%
- Fresh meat 6.9%
- Maize flour -0.4%
- Mukene 28.4%

September 2026
- Laundry soap 4.8%
- Rice 6.1%
- Fresh meat 7.8%
- Maize flour 1.1%
- Mukene 31.0%

Annual Core Goods Inflation for the year ending September 2026 is at 3.1% compared to 2.7% in the year ended August 2026

Figure 2b: Changes in prices for selected items under Food Crops and Related Items

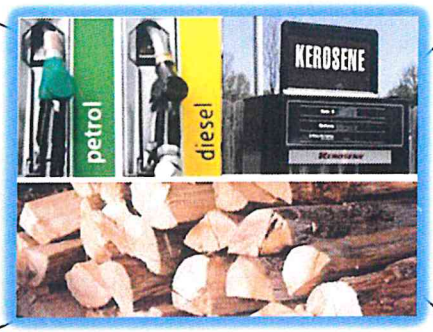
August 2026
- Dry beans -3.1%
- Milk 4.6%
- Fresh cassava 19.5%
- Sweet potatoes -23.2%
- Cabbage 21.3%

September 2026
- Dry beans 5.6%
- Milk 11.3%
- Fresh cassava 29.3%
- Sweet potatoes 0.6%
- Cabbage 34.4%

Annual Food Crops and Related Items Inflation for the year ending September 2026 is at 4.5% compared to 2.1% in the year ended August 2026

Figure 2c: Changes in prices for selected items under Energy, Fuel and Utilities

August 2026
- Petrol 28.5%
- Diesel 40.1%
- Firewood 13.0%
- Kerosene 31.2%



September 2026
- Petrol 30.9%
- Diesel 42.5%
- Firewood 14.1%
- Kerosene 32.8%

Annual Energy, Fuel and Utilities Inflation for the year ending September 2026 is at 14.5% compared to 14.3% in the year ended August 2026

1.2 Annual Inflation by COICOP Divisions

According to the Classification of Individual Consumption According to Purpose (COICOP), the main drivers to the 4.6 percent Inflation were 'Food and Non-Alcoholic Beverages' Inflation that registered 4.7 percent in the year ending September 2026 compared to 3.6 percent recorded in the year ended August 2026. 'Transport' Inflation registered 9.8 percent in the year ending September 2026 compared to 9.4 percent recorded in the year ended August 2026. 'Recreation, Sport and Culture' Inflation registered 1.6 percent in the year ending September 2026 compared to 0.7 percent recorded in the year ended August 2026. 'Furnishings, Household Equipment and Routine Household' Inflation registered 3.3 percent in the year ending September 2026 compared to 2.7 percent registered in the year ended August 2026. 'Personal Care, Social Protection and Miscellaneous Goods' Inflation registered 1.6 percent for the year ending September 2026 compared to 1.3 percent registered for the year ended August 2026. 'Health' Inflation registered 1.7 percent for the year ending September 2026 compared to 1.5 percent registered for the year ended August 2026. 'Clothing and Footwear' Inflation registered 1.3 percent in the year ending September 2026 compared to 1.1 percent recorded in the year ended August 2026. 'Alcoholic Beverages, Tobacco and Narcotics' Inflation registered 1.7 percent for the year ending September 2026 same rate recorded for the year ended August 2026. 'Education Services' Inflation registered 5.7 percent in the year ending September 2026 same rate registered in the year ended August 2026. 'Insurance and Financial Services' Inflation registered 10.1 percent in the year ending September 2026 same rate registered in the year ended August 2026.

However, 'Restaurants and Accommodation Services' Inflation recorded 2.3 percent in the year ending September 2026 compared to 2.5 percent registered in the year ended August 2026. 'Housing, Water, Electricity, Gas and Other Fuels' Inflation registered 6.2 percent in the year ending September 2026 compared to 6.4 percent registered in the year ended August 2026. 'Information and Communication' Inflation registered 3.2 percent in the year ending September 2026 compared to 3.3 percent recorded in the year ended August 2026, (Table 3).

Table 3: Annual Changes in the Consumer Price Indices for the COICOP Divisions.

13 COICOP Divisions	Weight	Annual % Change August 2025-August 2026	Annual % Change September 2025 - September 2026
Food and Non-Alcoholic Beverages	270.5390	3.6	4.7
Alcoholic Beverages, Tobacco and Narcotics	38.7958	1.7	1.7
Clothing and Footwear	69.7729	1.1	1.3
Housing, Water, Electricity, Gas and Other Fuels	104.1617	6.4	6.2
Furnishings, Household Equipment and Routine Household	48.3672	2.7	3.3
Health	47.4695	1.5	1.7
Transport	104.5479	9.4	9.8
Information and Communication	44.3216	3.3	3.2
Recreation, Sport and Culture	49.8494	0.7	1.6
Education Services	57.9558	5.7	5.7
Restaurants and Accommodation Services	87.3791	2.5	2.3
Insurance and Financial Services	22.7953	10.1	10.1
Personal Care, Social Protection and Miscellaneous Goods	54.0447	1.3	1.6
Overall	**1,000**	**4.1**	**4.6**

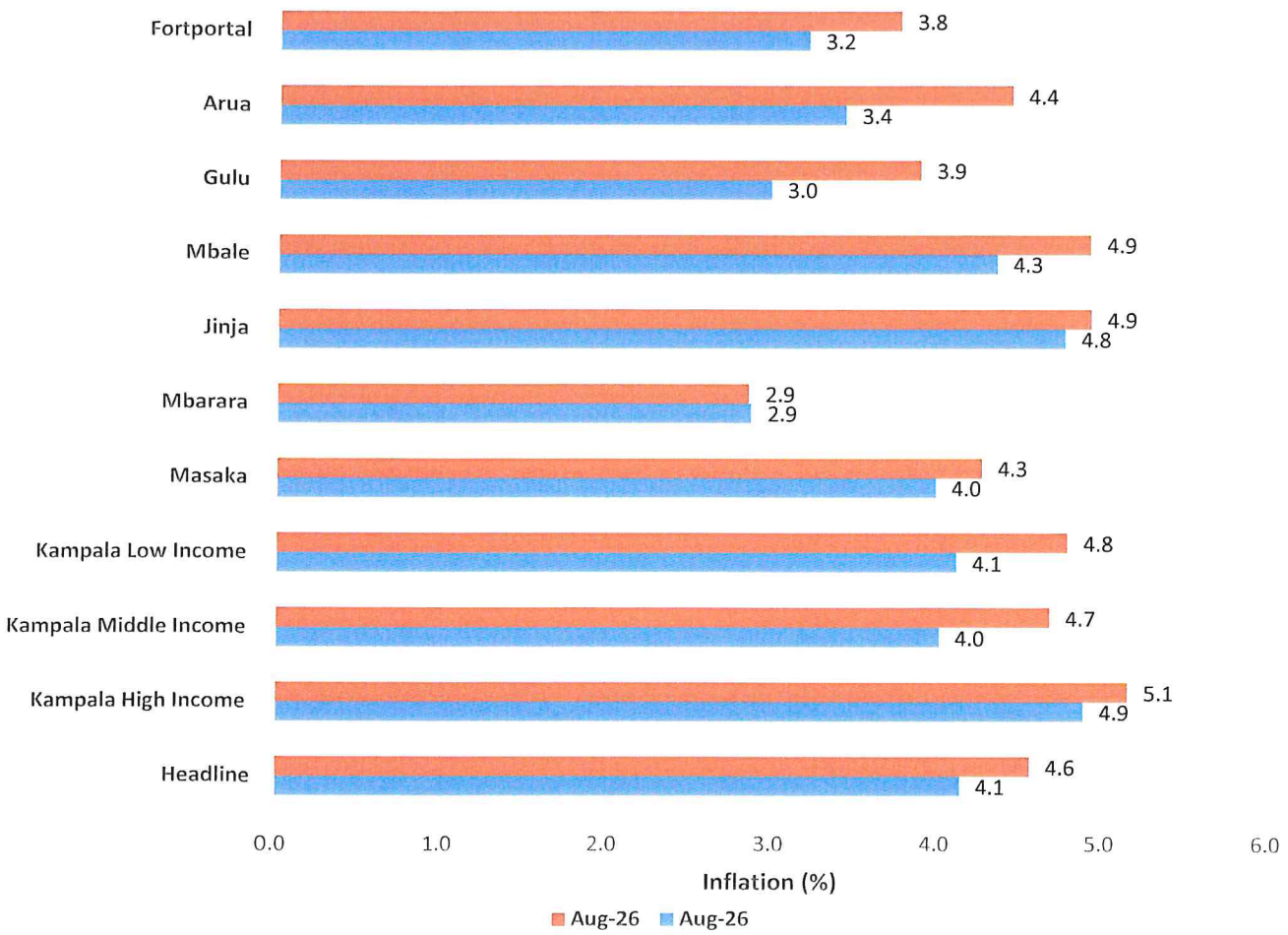
1.3 Annual Headline Inflation by CPI Geographical Center

Analysis by geographical areas and income groups revealed that Kampala High Income group registered the highest Inflation at 5.1 percent for the year ending September 2026 compared to 4.9 percent recorded in August 2026. This was due to Annual 'Recreation, Sport and Culture' inflation that increased to 3.4 percent in September 2026 compared to 1.8 percent registered in August 2026. In addition, Annual 'Transport' Inflation increased to 10.6 percent in September 2026 compared to 10.3 percent registered in August 2026, (Figure 2).

The second highest Annual Inflation was registered in Jinja Centre at 4.9 percent for the year ending September 2026 compared to 4.8 percent recorded in August 2026. This was due to Annual 'Transport' inflation that increased to 11.7 percent in September 2026 compared to 9.4 percent registered in August 2026. In addition, Annual 'Food and Non-Alcoholic Beverages' Inflation increased to 4.5 percent in September 2026 compared to 4.1 percent registered in August 2026.

The least Annual Inflation was registered in Mbarara Centre at 2.9 percent for the year ending September 2026 same rate recorded in August 2026. This was due to the Annual 'Food and Non-Alcoholic Beverages' Inflation that registered 3.0 percent in September 2026 compared to 4.5 percent registered in August 2026. In addition, Annual 'Alcoholic Beverages, Tobacco and Narcotics' Inflation registered 0.0 percent in September 2026 compared to 1.4 percent registered in August 2026.

Figure 2: Annual Inflation by CPI Geographical Center for the 12 months to August 2026 and September 2026



1.4 Monthly Inflation.

The Monthly Headline Inflation for September 2026 increased by 0.9 percent from 0.3 percent rise registered in August 2026, (Table 4).

This was attributed to monthly Food Crops and Related Items Inflation that increased by 7.0 percent in September 2026 from 1.2 percent rise recorded in August 2026. This was attributed to the increase in prices of Matooke by 16.0 percent in September 2026 from 8.4 percent rise recorded in August 2026, Beans by 6.3 percent in September 2026 from 2.4 percent rise recorded in August 2026, Mangoes by 25.6 percent in September 2026 from 24.8 percent rise recorded in August 2026, Sweet potatoes by 13.0 percent in September 2026 from 5.6 percent drop recorded in August 2026, Milk by 7.3 percent in September 2026 from 2.2 percent rise recorded in August 2026 and.

In addition, Monthly Core Inflation increased by 0.3 percent in September 2026 from 0.2 percent rise registered in August 2026. The monthly Core Goods Inflation increased by 0.3 percent in September 2026 from 0.2 percent rise recorded in August 2026. In addition, monthly Services Inflation increased by 0.2 percent in September 2026 from 0.1 percent rise recorded in August 2026.

Monthly Energy Fuel and Utilities (EFU) Inflation increased by 0.5 percent in September 2026 from 0.2 percent rise registered in August 2026. This was mainly due to Monthly Liquid Energy fuels that increased by 1.5 percent in September 2026 from 0.1 percent rise registered in August 2026. Particularly, petrol prices increased by 1.5 percent in September 2026 from 0.0 percent recorded in August 2026, diesel prices increased by 1.8 percent in September 2026 from 0.8 percent rise recorded in August 2026, cooking gas prices increased by 1.3 percent in September 2026 from 0.5 percent rise recorded in August 2026 and kerosene prices increased by 0.9 percent in September 2026 from 0.3 percent drop registered in August 2026. In addition, Charcoal prices increased by 0.9 percent in September 2026 the same rate registered in August 2026.

Table 4: Monthly Headline, Core, Food Crops and EFU Inflation for August 2026 and September 2026.

Description	Weights	August 2026	September 2026
Headline	**1000.0000**	**0.3**	**0.9**
Core	**839.6200**	**0.2**	**0.3**
Other Goods	455.5070	0.2	0.3
Services	384.1130	0.1	0.2
Food Crops and Related Items	**95.1046**	**1.2**	**7.0**
Energy Fuel and Utilities (EFU)	**65.2755**	**0.2**	**0.5**

The overall monthly Consumer Price Indices and Inflation from August 2025 to September 2026 are shown in Table 5 below.

Table 5: Overall Monthly CPI and Rates of Inflation (Base: 2016/17=100)

Month	Overall CPI	Monthly Inflation
September 2026	143.89	0.9
August 2026	142.64	0.3
July 2026	142.25	0.2
June 2026	141.97	0.6
May 2026	141.09	0.7
April 2026	140.13	0.6
March 2026	139.23	0.1
February 2026	139.06	0.3
January 2026	138.58	0.3
December 2025	138.11	0.5
November 2025	137.46	-0.1
October 2025	137.59	0.0
September 2025	137.61	0.5
August 2025	136.97	0.2

1.5 Monthly Inflation by COICOP Divisions

According to the Classification of Individual Consumption According to Purpose (COICOP), Monthly Food and Non-alcoholic Beverages Inflation increased by 2.6 percent in September 2026 from 0.5 percent rise recorded in August 2026. Monthly Transport Inflation increased by 0.7 percent in September 2026 from 0.0 percent recorded in August 2026. Monthly Recreation, Sport and Culture increased by 1.0 percent in September 2026 from 0.4 percent rise recorded in August 2026. Monthly Furnishings, Household Equipment and Routine Household Inflation increased by 0.5 percent in September 2026 from 0.0 percent recorded in August 2026. Monthly Health Inflation increased by 0.3 percent in September 2026 from 0.1 percent rise recorded in August 2026. Monthly Alcoholic Beverages, Tobacco and Narcotics Inflation increased by 0.3 percent in September 2026 from 0.2 percent rise recorded in August 2026. Monthly Personal Care, Social Protection and Miscellaneous Goods Inflation increased by 0.1 percent in September 2026 from 0.2 percent rise recorded in August 2026. Monthly Housing, Water, Electricity, Gas and Other Fuels Inflation increased by 0.1 percent in September 2026 from 0.2 percent rise recorded in August 2026. Monthly Information and Communication Inflation increased by 0.1 percent in September 2026 from 3.1 percent rise recorded in August 2026. Monthly Clothing and Footwear Inflation recorded 0.0 percent in September 2026 same as that recorded in August 2026. Monthly Education Services Inflation recorded 0.0 percent in September 2026 same as that recorded in August 2026. Monthly Insurance and Financial Services Inflation recorded 0.0 percent in September 2026 same as that recorded in August 2026.

Monthly Restaurants and Accommodation Services Inflation recorded 0.0 percent in September 2026 from 0.1 percent drop recorded in August 2026.

Table 6: Monthly Changes in the Consumer Price Indices for the COICOP Divisions.

13 COICOP Divisions	Weight	Monthly % Change July 2026-August 2026	Monthly % Change August 2026-September 2026
Food and Non-Alcoholic Beverages	270.5390	0.5	2.6
Alcoholic Beverages, Tobacco and Narcotics	38.7958	0.2	0.3
Clothing and Footwear	69.7729	0.0	0.0
Housing, Water, Electricity, Gas and Other Fuels	104.1617	0.2	0.1
Furnishings, Household Equipment and Routine Household	48.3672	0.0	0.5
Health	47.4695	0.1	0.3
Transport	104.5479	0.0	0.7
Information and Communication	44.3216	3.1	0.1
Recreation, Sport and Culture	49.8494	0.4	1.0
Education Services	57.9558	0.0	0.0
Restaurants and Accommodation Services	87.3791	-0.1	0.0
Insurance and Financial Services	22.7953	0.0	0.0
Personal Care, Social Protection and Miscellaneous Goods	54.0447	0.2	0.1
Overall	**1,000**	**0.3**	**0.9**

Key Monthly Inflation Drivers

Monthly Core Goods Inflation for September 2026 is 0.3% from 0.2% recorded in August 2026

Changes in Prices for selected items under Core Goods

August 2026

- Mukene 2.8%
- Maize flour -0.6%
- Beef 0.1%
- Laundry bar soap -1.3%

September 2026

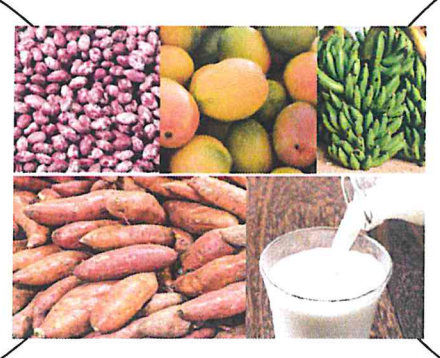
- Mukene 6.7%
- Maize flour 2.8%
- Beef 1.2%
- Laundry bar soap 1.9%

Monthly Food Crops and Related Items Inflation for September 2026 is 7.0% from 1.2% in August 2026.

Changes in Prices for selected items under Food Crops and Related Items

August 2026

- Matooke 8.4%
- Mangoes 24.8%
- Beans 2.4%
- Sweet Potatoes -5.6%
- Milk 2.2%



September 2026

- Matooke 16.0%
- Mangoes 25.6%
- Beans 6.3%
- Sweet Potatoes 13.0%
- Milk 7.3%

Monthly Energy, Fuel and Utilities Inflation for September 2026 is 0.5% from 0.2% in August 2026

Changes in Prices for selected items under Energy, Fuel and Utilities

August 2026

- Diesel 0.8%
- Petrol 0.0%
- Charcoal 0.9%
- Liquified propane 0.5%

September 2026

- Diesel 1.8%
- Petrol 1.5%
- Charcoal 0.9%
- Liquified propane 1.3%

Relative to September 2025 and August 2026, the national average retail prices of selected commodities in September 2026 are shown in Table 7 below.

Table 7: National Average Retail Prices of Selected Commodities

Commodity Name	Quantity	Unit of Measure	Average Price September 2025	Average Price August 2026	Average Price September 2026
Maize flour	1	Kg	2,756	2,650	2,735
Beef	1	Kg	17,098	18,299	18,666
Mukene	1	Kg	18,326	22,321	23,671
Laundry bar soap	1	Kg	5,394	5,574	5,806
Matooke	1	Kg	1,189	971	1,125
Sweet potatoes	1	Kg	1,225	1,095	1,258
Dry Beans	1	Kg	4,186	4,061	4,385
Milk	1	Litre	2,029	2,049	2,191
Whole cassava	1	Kg	826	1,035	1,107
Watermelon	1	Kg	1,339	1,195	1,551
Petrol	1	Litre	5,080	6,529	6,642
Diesel	1	Litre	4,736	6,647	6,757